

Tick Management Suggestions

Habitat/Landscape Management

Keep grass short

Remove brush/woodpiles from the property

Keep property free of leaf litter

Trim vegetation around the property to allow air flow and sunlight

Neatening stone walls to deter chipmunks and mice

Reduce groundcover to areas of your property that are not exposed to sunlight

Use mulch or crushed stone in three foot wide borders round lawn to avoid ticks in yard. Use mulch and stone under decks and shed to deter rodents (mice and chipmunks) and ticks. Use crushed stone and mulch in all landscape beds to reduce tick habitat

Trim hedges and trees to allow more sunlight

Use more landscape techniques that require less water, (gravel, mulch, container planters) Ticks dry out and die without water sources

Keep playground areas in sunlight in mulch areas rather than gray areas

Controlled burns

Destroy tick habitat

Kills Ticks

Destroys mouse habitat

Pesticide control for landscape areas

Damminix tick tubes (Personal Property and Parks)

Spray property with permethrin or other pesticides

Four-poster Feed Stations for town land, work with company for correct placement

and number needed for most effectiveness

Personal Protection

Treated clothes (can be ordered from REI, L.L. Bean, Columbia, Gamehide, Sawyer, Tick Block, Insect Shield Protective Clothing) These

clothes maintain their resistance through 70 laundry cycles. Wash separately from other clothes.

Use of sprays with Deet , Permethrin, or Picaridin (non-toxic to humans)

Natural repellants mixed with water include neem oil, geranium oil, lavender oil, citrus oils, apple cider vinegar, aloe vera

Skin So Soft Bug Guard Plus (contains Picaridin)

Cover head as well as body when in tick areas when gardening or hiking.

Bathe after spending time out doors

Dry clothes in dryer to kill ticks on clothes