

Indiana Dunes Biking Guide

Cycling Safety

Riding bicycles on streets and roads can be hazardous and great care should be taken to protect yourself. As you travel on the Indiana Dunes Bikeway System, always remember these important cycling safety tips.

1. Wear a helmet
2. Wear bright colors
3. Ride predictably
4. Ride on the right side of the road
5. Ride single file
6. Watch for cars at intersections and driveways
7. Riding after dark is not recommended
8. Follow the rules of the road
9. Select routes according to cyclist skill and age
10. Learn and follow cycling etiquette
11. Always perform manufacturer-recommended bike maintenance
12. Be careful and enjoy yourself!

Inspire your soul in 300 acres of nature's beauty

Taltree Arboretum & Gardens



The phrase "a picturesque oasis of Mother Nature's skill" would pretty much be a pitch-perfect description for Taltree Arboretum. This meticulously cultivated preserve takes the "roughing it" out of nature while still maintaining its wild beauty.

It's a great place to escape with a fishing rod, binoculars or a picnic basket and wander along manicured walking trails, scenic waterfronts and landscaped prairies. Its five gardens—in particular the Audrey M. & Leonard J. Hitz Family Rose Garden—are worth the trip alone.

While you're there, be sure to take a walk along the Bluebird hiking trail and visit the iconic "Queens of the Prairie," two 200-year old Bur Oaks that are the oldest trees in the arboretum.

Hours: November–March: Mon–Sun; 8:00 a.m.–4:00 p.m.

April–October: Mon–Sun; 8:00 a.m.–7:00 p.m.

Address: 450 West 100 North, Valparaiso, IN 46385

Phone: 219-462-0025, **Website:** taltree.org

Indiana Dunes Tourism
1215 State Road 49
Porter, Indiana 46304
1 (800) 283-8687
www.indianadunes.com



Ride
Enjoy!



Biking Trails

Indiana Dunes Bikeway System

The Indiana Dunes Bikeway System lets visitors take a scenic pedal tour from Kouts all the way to the shores of Lake Michigan. Its nine loops thread through primary and secondary roads of Indiana Dunes Country, creating a perfect path for visiting the region's greatest natural and cultural treasures.

Take a break at the Indiana Dunes State Park and the Indiana Dunes National Lakeshore to go fishing or swimming. Pull over at an area winery and relax with a glass of locally-made wine. Park your bike for an afternoon in a historic downtown and hunt for antiques. Then, when you've pedaled the day away, check into one of the area's more than 1,500 bike-friendly hotel rooms for a good night's sleep.

For more information about biking trails visit our website—IndianaDunes.com—or contact the Indiana Dunes Visitor Center at 219-926-2255



Look for these signs marking the Indiana Dunes Bikeway System:



Additional Bicycle Pathways

In addition to the Indiana Dunes Bikeway System, Indiana Dunes Country has two dedicated pathways available to cyclists and walkers, as well as a mountain bike trail:

- 1: The Prairie Duneland Trail, which runs between Portage and Chesterton and also allows in-line skating.
- 2: The Calumet Trail, which runs near US 12 just south of the Indiana Dunes.
- 3: The Outback Trail is a 10-mile multi-use mountain biking trail in Portage's Imagination Glen Park. The trail is available for use by hikers, bikers, runners, and birdwatchers.

COMMUNICATION SIGNAL YOUR INTENTION



Left

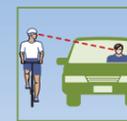


Right



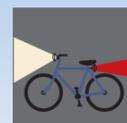
Stop

Use hand signals so that drivers know where you're going. Signal all your turns and stops ahead of time. Also, before turning, look over your shoulder for any traffic. Check and only move when it's safe.



MAKE EYE CONTACT

Confirming eye contact with motorists helps them know that you're on the road.



SEE. BE SEEN. BE HEARD.

Use lights at night or when visibility is poor. A white headlight and rear red reflector are required by law. Flashing lights are especially effective. Use bike reflectors, reflective clothing and a bell.



Never use earphones because you won't be able to hear what's going on around you.

Cycle in style with help from the pros.

Chesterton Bicycle Station



Whether you're looking to get accoutrements for a total bicycling experience or a tune-up to keep your two-wheeler in tip-top shape, be sure to spin past Chesterton Bicycle Station. Founded in 1983 by enthusiast Tony Evans, it has the area's best selection of road and mountain bikes, helmets, bike bags

and bicycle parts, plus an array of skateboard components. Plus, they've got stellar bike repair services—and will service any other wheels that need work (like wheelchairs, exercise equipment and buggies, to name a few). If you're vacationing in the area, Chesterton Bicycle Station also offers rental bikes. Give them a call for more information.

Address: 116 South 4th Street, Chesterton, IN 46304
Phone: 219-926-1112, **Website:** chestertonbicycle.com

